

The Beach - Where Materialism & Water Meet

Recently I rented a cabin on the Oregon coast. The weekend ended being super awesome, as the entire weekend was sunny and warm which during the late summer isn't always the case on the coast. In fact many times I take coastal trips in Oregon it's overcast so it being sunny was a bonus!

As I walked along the beach for about a mile or so and back I had a few thoughts go through my mind. Such as it's an interesting place where materialism and nature meet. As you may know through following my blog and other writings I do energy work and healing using water. On the coast there is no short supply of water that's for sure. As I walk along the beach I find it interesting that I long to go out in the water yet, I also fight the feelings I have over not having a coastal home, or being caught up in the material game that is in place on the coast.

Water is very important in our lives, in fact I believe the reason we flock to coastal areas, rivers, lakes, and other bodies of water is because we see ourselves in the water, it makes us feel good, it makes us feel more alive. Such is the reason that any waterfront property in the world commands a premium price. We naturally as humans seem to want to flock to water year round. It doesn't matter if it's hot or cold, if there is a river, stream, creek we seem to want to go to it at least to check it out.

At this time in our evolution where we are moving away from materialism and more to ascension a trip to the coast might just be what you need to be able to be in a "ying-yang" type of moment. Just walk down the coast in any populated area, on one side you will have million dollar homes, status symbols, the upper elite of materialism staring you in the face. Then look the other way towards the ocean, and we see ourselves, we are drawn to it's beauty, it's power, it's essence.

Walking on the beach for me in a populated area is such an in between experience. Depending on which way I look I can embrace materialism or the unabated power of water. If you are currently having a struggle with letting go of your material possessions and letting more light and flow into your life take a trip to the beach for the weekend, it might be all you need to put things into perspective.

Leaving the coast this weekend I hope to not feel as longing for the materialism that I have longed for in the past instead, achieve a balance so I can remember what materialism is and, what water is, and what direction I am truly growing towards.